



THE CROSSING

TITLE - THE FIVE ONE THINGS - WEEK FOUR

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One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple. For in the day of trouble he will keep me safe in his dwelling. He will hide me in the shelter of his sacred tent.

Psalm 27:4-5

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things.

Philippians 4:8

Unresting anxiety is the greatest evil that can befall a soul . . .

Francis de Sale

The One Thing is God's presence. Take time to meditate on Scripture, pray, and worship him this week.

TURN EVERYTHING TOWARDS HIM

- How satisfied are you with God right now?
- When was the last time you truly slowed down and experienced God's presence?
- What in your life makes you feel afraid?
- What are some of the consequences of your fear?
- How does Jesus' presence help you when you feel anxious?
- What are some of the beautiful things that God has placed in your life?
- What steps can you take to focus all of your thoughts on Jesus this week?