



# THE CROSSING

## TITLE - PRACTICE GRATITUDE

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Give thanks to the LORD, for he is good; his love endures forever.

Psalm 136:1

Every good and perfect gift is from above, coming down from the Father of the heavenly lights.

James 1:17

As he was going into a village, ten men who had leprosy met him. They stood at a distance and called out in a loud voice, "Jesus, Master, have pity on us!" When he saw them, he said, "Go, show yourselves to the priests." And as they went, they were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him, and he was a Samaritan.

Jesus asked, "Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?" Then he said to him, "Rise and go; your faith has made you well." Luke 17:12-19

## WAYS TO PRACTICE GRATITUDE

GRATITUDE JOURNAL

THANK-YOU NOTES

ACTS OF GENEROSITY

WORSHIPING GOD

## *GRATITUDE ALWAYS TURNS INTO WORSHIP*

- When was a time in your life that you felt truly grateful?
- How grateful are you right now? How often do you find yourself giving thanks?
- Why is gratitude important?
- Why does gratitude lead to worship and joy?
- When have you struggled with enviousness? What does it look like for you to stop chasing after empty things that won't satisfy you?
- What practical steps can you take to practice gratitude this week?